FUTURE TEACHERS
Levels 1-3

PARENT PACK

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Emma Bright www.embodydance.co.uk

FUTURE TEACHERS Programme

Boost your dancer's confidence with Embody Dance's Future Teachers Programme! Empowering young dancers to assist confidently, while building their skills, confidence & work ethic.

Designed by Embody Dance Principal - Emma Bright

- Designed especially for dancers age 11 & upwards
- Fun, Engaging & Easy follow course
- Appealing visual course books with practical tasks
- 4 training days over 10 months
- 3 Level Progressions
- Assist weekly in your dance school

'The Future Teachers Programme has grown my confidence - The training days showed me how I can help in classes. I have learned so much and can't wait for Level 2'
GINA - AGED 14

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FUTURE TEACHERS Programme

Thankyou for your interest in the Embody Dance Future Teachers Programme.

My name is Emma and I have been running my own dance studio in Nuneaton, Warwickshire since 2009.
Future Dance Teachers concept was born when I realised that my young assistants needed training in order to assist effectively in my classes.

I designed the Future Teachers course to build young dancers confidence, support their social skills and create a pathway for learning and skill development within the dance school environment.
This program has been tested and developed within my studio and has been a joy to watch flourish and grow. Your dance school has invested in this programme to encourage dancers to grow their confidence and skills through a structured course.

Future Teacher students can enter the programme from age 11.
We start from the very basics such as talking to a child and welcoming a new student into class. The programme then develops skills over three levels culminating in students teaching sections of a class.

The Future Teacher testimonials are filled with joy, documenting improvements in self belief, confidence, positive career pathways because of the course.

We hope you can join us on this incredible journey.

Best Wishes

Emma

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FUTURE TEACHERS Programme

Testimonial

“Before I started this teaching course I lacked in confidence and I didn’t believe in myself, the course really helped with that - it’s given me encouragement to keep going.”

GINA age 14

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FUTURE TEACHERS Programme

COURSE BENEFITS FOR STUDENTS

- Increases confidence and self belief.
- Weekly work experience in dance classes.
- Improves social skills and work ethic.
- Creates positive pathways through future planning.
- Nurtures friendships with other future teachers.
- 4 training sessions over the 10 month course period.
- Advanced learning in dance skills and terminology.
- Guidance and support from dance school team.
- Recognition and progression over the course levels.

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FUTURE TEACHERS Programme

Testimonial

“The programme has been amazing to see how my confidence levels have grown... If you’re thinking of doing the future teachers course then do it,
I 100%, recommend it.”

ZOE - age 14

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FUTURE TEACHERS
Level 1

COURSE OUTLINE

LEVEL 1 - Assisting
10 Months

COURSE CONTENT - Relevant for all age teaching
Dance school rules
Role models
Intro to assisting
Class structure
Learning warm ups
Assisting corner work
Learning cool downs
Learning stretches
Watch Week assistance
Show assistance
Intro to choreography

RESOURCES PROVIDED
Level 1 Workbook
1:1 Guidance from Class Teacher
Level 1 certificate

REQUIREMENTS
4 Training Days throughout the year
1.5 hrs per training day
30min work experience per week

EVALUATION
1:1 Meetings x 2

LET'S LEARN!

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FUTURE TEACHERS
Levels 1-3

LEVEL PROGRESSIONS

1

Level 1
Assisting - Corner work, welcoming a student, demonstrating simple moves, standing beside the teacher for warm-ups, cool downs. Progresses to lead basic stretches.

01

2

Level 2
Leading - Warm ups, stretches, corner work/travelling.
Learning - Preparing students for performance, appropriate music selection, creating choreography, teaching set choreography.

02

3

Level 3
Pre-School Dance
SEND Dance (Special Educational Needs & Disabilities)
Adult Dance

03

ET

Emerging Teacher
Can co-teach classes and can apply for a teaching role if an opening is available.
Uses all the skills from Levels 1, 2 and 3.

ET

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FUTURE TEACHERS Programme

Testimonial

“I have learned to listen and communicate to children of different ages and abilities. My favourite part of the course has been building relationships with dancers as well as gaining life experiences. This course is a fantastic opportunity for teenagers to learn and grow and make a way for a successful future.
The possibilities are endless.”

ANYA age 15

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