



FUTURE DANCE TEACHERS



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students.futuredanceteachers.co.uk

PARENT PACK

APRIL 2026



**ACCREDITED
ACTIVITY**

24 CPD CREDITS
#1018869

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**ACCREDITED
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25 CPD CREDITS
#1016665

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**ACCREDITED
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30 CPD CREDITS
#1016770

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FUTURE DANCE TEACHERS

**Boost your dancer's confidence with Embody Accredited
Future Dance Teachers Programme!**

**Empowering young dancers to assist confidently, while building their skills, confidence
& work ethic.**

Designed by Embody Dance Principal - Emma Bright

- ✓ Designed especially for dancers age 11 & upwards
- ✓ Fun, Engaging & Easy follow course
- ✓ Appealing visual course books with practical tasks
- ✓ 4 training sessions over 10 months
- ✓ Course Progressions
- ✓ Weekly observing or assistance in your dance school
- ✓ Internationally recognised CPD credits for each level



**'The Future Dance Teachers Programme has grown
my confidence - The training days showed me how
I can help in classes. I have learned so much
and can't wait for Level 2'**

GINA - AGED 14



FUTURE DANCE TEACHERS

From dancer to role model – your journey starts here



10 Month Course

Learn and grow steadily over the course of a full dance season.



4 In-Studio Training Sessions

Attend fun and practical workshops run at your own dance school.



Participate in classes

With just 30 minutes a week, build confidence and skills by observing or participating in younger classes.



Track Your Progress

Visual workbooks featuring; Attendance logs, Individual Goals, Evaluations and Learning Logs, keeps track of students progress.



4 Courses to Complete

Work your way up through Courses 1, 2, 3 and 4 – each one building on your skills.



Earn CPD Points at Every Level

Collect CPD-accredited certificates that help you stand out – whether it's for college, auditions, or your first job.

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FUTURE DANCE TEACHERS

Testimonials

“

Before I started this teaching course I lacked in confidence and I didn't believe in myself, the course really helped with that - it's given me encouragement to keep going.

GINA

”



“

I have learned to listen and communicate to children of different ages and abilities. My favourite part of the course has been building relationships with dancers as well as gaining life experiences.

This course is a fantastic opportunity for teenagers to learn and grow and make a way for a successful future.

The possibilities are endless.”

ANYA

”



“

The programme has been amazing to see how my confidence levels have grown... If you're thinking of doing the future dance teachers course then do it, I 100%, recommend it.

ZOE

”



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COURSE BENEFITS FOR STUDENTS

- ✔ Boosts confidence and self-belief – helping students grow both in and out of the studio.
- ✔ Weekly observing or assisting opportunities within your dance school classes.
- ✔ Improves social skills and work ethic through hands-on experience.
- ✔ Creates positive pathways by encouraging goal setting and future planning.
- ✔ Nurtures friendships with other Future Dance Teachers, building a supportive community.
- ✔ 4 in-person training sessions delivered across a 10-month course period.
- ✔ Future Dance Teachers T-shirt, Certificate & Workbooks included.
- ✔ Guidance and support from your dance school team every step of the way.
- ✔ 24+ CPD points awarded over the course levels.
- ✔ Internationally recognised CPD certification that can be added to a student's CV or portfolio when applying for jobs.



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STUDENT EXPECTATIONS

- ✓ Attend the 4 training sessions (1.5 hours each)
- ✓ Attend the correct amount of hours of class observation/assistance for your course over 10 months

Intro To Assisting - 18/19 hours

Confidence & Connection - 18/19 hours

Learning To Lead - 25 hours

All Age Teaching - 29 hours

- ✓ All course content is covered in the training session which means there is **no homework** to complete outside of the training sessions



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FUTURE DANCE TEACHERS

Thankyou for your interest in the Embody Dance Future Teachers Programme.

My name is Emma and I have been running my own dance studio in Nuneaton, Warwickshire since 2009.

I designed the Future Dance Teachers course to build young dancers confidence, support their social skills and create a pathway for learning and skill development within the dance school environment.

This program has been tested and developed within my studio and across others around the UK and it has been a joy to watch flourish and grow.

Your dance school is investing in this programme to encourage dancers to grow their confidence and skills through a structured course.

Future Dance Teacher students can enter the programme from age 11.

We start from the very basics such as talking to a child and welcoming a new student into class. The programme then develops skills levels culminating in students teaching sections of a class.

The programme has been successfully accredited with CPD points for each level of up to 35 hours.

These points are recognised internationally and can be put on all students CV's as it shows employers a registered accomplishment. The points will be on each students certificate at the end of their course!

The Future Dance Teacher testimonials are filled with joy, documenting improvements in self belief, confidence and positive career pathways because of the course.

We hope you can join us on this incredible journey.

Best Wishes

Emma



FUTURE DANCE TEACHERS

COURSE PROGRESSIONS

1

Intro to Assisting: First Steps 11+

Observing & Learning in classes confidently
Building relationships with students
Understanding Events and Shows
Intro to choreography



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Intro to Assisting: 14+

Assisting in classes confidently
Building relationships with students
Helping at Events and Shows
Intro to choreography



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2

Confidence & Connection: First Steps 11+

Connection to your dance school
Positive praise
Teacher Confidence -
using your voice
Facings, Counting &
Cueing



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Confidence & Connection: 14+

Connection to your dance school
Positive praise
Teacher Confidence -
using your voice
Facings, Counting &
Cueing



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3

Learning to Lead

Leading sections of a class
Performance preparation
Choreography
Leading choreography



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All Age Teaching

5-7 Years Dance
Pre-School Dance
SEND Inclusive Dance
Adult Dance



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